

2021

Childbirth Classes

All classes are held in the Shelton Building Auxiliary Conference Center, located on the second floor of the Shelton Building at Hendrick Medical Center, 2000 Pine Street.

Advance registration required for all classes. To register, hendrickhealth.org/classes-events.

For additional questions, please contact birthplaceedu@hendrickhealth.org.

Childbirth Complete Class

9 a.m. - 4 p.m.

(Light breakfast provided with one-hour break for lunch)
Class is designed for first time mothers.

January 16, February 20, March 20, April 17, May 22, June 19, July 17, August 21, September 25, October 16, November 20, December 18

Childbirth Express

9 a.m. - Noon

One-day refresher course is designed for women who have previously given birth.

February 6, April 10, June 5, August 28, October 9, December 4

Breastfeeding Course

6 - 8 p.m.

All women considering breastfeeding are encouraged to attend.

January 26, February 23, March 23, April 27, May 25, June 22, July 27, August 24, September 28, October 26, November 23, December 28

Infant CPR Class

3:15 - 4:15 p.m.

Enrollment is limited to five families per class.

February 6, April 10, June 5, August 28, October 9, December 4

Baby Care Basics

1 - 3 p.m.

February 6, April 10, June 5, August 28, October 9, December 4

Virtual Tour

Visit hendrickhealth.org/services/pregnancy-birth for a virtual tour of The BirthPlace at Hendrick.

Hospital Pre-registration

You may pre-register for your maternity visit at anytime during your pregnancy during the hours of **Monday - Friday from 8 a.m. - 5 p.m. on a walk-in basis** or, to be respectful of your time, by appointment **by calling 325-670-2700**.

Pre-registration also may be completed online at hendrickhealth.org/pre-registration.

Download our app!

BirthPlaceEDU powered by Yomingo is a free resource with educational articles and videos on pregnancy, delivery, breastfeeding and newborn care, as well as tools like a weekly milestone tracker, kick counter, contraction timer, feeding log and more!

Visit ehendrick.org/BirthPlaceEDU to sign up.



TEXAS 10 STEP
PROGRAM

The
BIRTHPLACE
Hendrick Medical Center