

Getting Ready for the Day of Surgery

Arrival Date:	
Arrival Time:	
Surgery Time:	

## The following instructions are here to help you prepare for surgery.

Following these instructions will help minimize the probability of your surgery being delayed or cancelled.

- Do not eat or drink anything after midnight. This includes water, ice chips, cough drops, gum, mints or candy.
- Please shower using antibacterial soap the night before and the morning of your procedure. Lather soap on entire body, excluding use on your face and head.
- You may use deodorant.
- Do not use lotions, powders or perfumes on the skin after use of soap.

## Day of Surgery

- Please check in with the receptionist upon arrival.
- If you have a Power of Attorney and/or custody of the patient, these documents are required prior to surgery.
- Your family will be notified of your surgery progress either by phone or through Smart Tracking System.
- Children may wear pajamas and may bring a favorite toy or blanket. Consider what type of surgery you are having when choosing the clothes you will wear home. Please bring an extra change of clothes, underwear/diapers and bottles and/or sipping cups.
- Do not wear hair pins or metal items, as they are not permitted in the operating room.
- Fingernail polish can be worn on non operative hand/foot.
- Parents/Legal guardians must be present in the hospital during the entire surgical process.
- Medications may be taken the morning of the procedure with a small sip of water.

Medications to be taken		



63-259